

TALK IT OUT TEEN PLEDGE CARD

I PLEDGE TO TALK *it*
OUT

START THE CONVERSATION. STOP UNDERAGE DRINKING.

- I won't drive or let anyone drive me if they have been drinking.
- I will call for help if I am in an uncomfortable situation - no questions asked.
- I agree to opt-in to receive tips, information, and updates from Talk it Out.
- I will have regular conversations with my parent about not drinking.

Signed

